

HJR11 INTRODUCED



1 HJR11
2 I3YBJ6Z-1
3 By Representatives Travis, Stubbs, Bolton, Daniels, McClammy,
4 McCampbell, Gray, Fincher, Easterbrook, Mooney, Lawrence,
5 Hollis, Lands, Reynolds, Drummond, Hendrix, Clarke, Bracy,
6 Jackson, Boyd, Morris
7 RFD: Rules
8 First Read: 13-Jan-26



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4 HJR___ RECOGNIZING NOVEMBER 2026 AS DIABETES MONTH IN THE
5 STATE OF ALABAMA.
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7 WHEREAS, in Alabama, more than 553,000 individuals
8 are living with diabetes, and an estimated 1.3 million
9 individuals, representing 34.6 percent of the adult
10 population, have prediabetes, a condition that significantly
11 increases the risk of developing Type 2 diabetes; and

12 WHEREAS, the lifetime risk of developing Type 2
13 diabetes is approximately 40 percent for adults in the
14 United States; and each year an estimated 41,000 adults in
15 Alabama are newly diagnosed with diabetes; and

16 WHEREAS, diabetes is a serious chronic condition that
17 affects individuals of every age, race, ethnicity, and
18 income level; and, as of November 2025, a cure for diabetes
19 does not exist; and

20 WHEREAS, the Centers for Disease Control and
21 Prevention reports that Hispanic, Black, Asian, American
22 Indian, and Alaska Native Adults in the United States are
23 disproportionately affected by diabetes and develop the
24 disease at a significantly higher rate than the general
25 population; and

26 WHEREAS, Type 1 diabetes accounts for about 10
27 percent of all diabetes cases, meaning that roughly
28 60,000-70,000 Alabamians are likely live with Type 1



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diabetes, which is often diagnosed in childhood or young adulthood; and

WHEREAS, research demonstrates a rising trend in Type 1 diabetes diagnoses among Alabama's youth; and this disease places a significant burden on individuals and families due to serious health risks, making it a major public health concern in the state; and

WHEREAS, individuals with diabetes incur medical expenses that are approximately 2.6 times higher than those without diabetes; and the American Diabetes Association reports that, in 2022, care for individuals with diagnosed diabetes accounted for one in four health care dollars spent in the United States; and

WHEREAS, evidence-based strategies exist to reduce the incidence of Type 2 diabetes and to delay or prevent its onset; and

WHEREAS, with proper education, management, and treatment, individuals with diabetes live healthy, productive, and fulfilling lives; and

WHEREAS, individuals throughout the United States observe American Diabetes Month in November; and

WHEREAS, the Legislature of Alabama is committed to celebrating the resilience and courage of individuals and families affected by diabetes; and

WHEREAS, we express our gratitude to the dedicated medical professionals, caregivers, loved ones, and advocates who support and serve the diabetes community; and

WHEREAS, during the month of November, we encourage



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57 all Alabamians, school systems, nonprofit organizations,
58 health care providers, and other interested groups to engage
59 in activities that promote diabetes awareness and support
60 the prevention, treatment, and management of this disease;
61 now therefore,

62 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
63 HOUSES THEREOF CONCURRING, That November 2026 is declared to
64 be Diabetes Month in the State of Alabama, and its
65 observance is hereby commended to all residents.