

HJR11 INTRODUCED



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2 I3YBJ6Z-1

3 By Representatives Travis, Stubbs, Bolton, Daniels, McClammy,

4 McCampbell, Gray, Fincher, Easterbrook, Mooney, Lawrence,

5 Hollis, Lands, Reynolds, Drummond, Hendrix, Clarke, Bracy,

6 Jackson, Boyd, Morris

7 RFD: Rules

8 First Read: 13-Jan-26



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4 HJR____ RECOGNIZING NOVEMBER 2026 AS DIABETES MONTH IN THE
5 STATE OF ALABAMA.

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7 WHEREAS, in Alabama, more than 553,000 individuals
8 are living with diabetes, and an estimated 1.3 million
9 individuals, representing 34.6 percent of the adult
10 population, have prediabetes, a condition that significantly
11 increases the risk of developing Type 2 diabetes; and

12 WHEREAS, the lifetime risk of developing Type 2
13 diabetes is approximately 40 percent for adults in the
14 United States; and each year an estimated 41,000 adults in
15 Alabama are newly diagnosed with diabetes; and

16 WHEREAS, diabetes is a serious chronic condition that
17 affects individuals of every age, race, ethnicity, and
18 income level; and, as of November 2025, a cure for diabetes
19 does not exist; and

20 WHEREAS, the Centers for Disease Control and
21 Prevention reports that Hispanic, Black, Asian, American
22 Indian, and Alaska Native Adults in the United States are
23 disproportionately affected by diabetes and develop the
24 disease at a significantly higher rate than the general
25 population; and

26 WHEREAS, Type 1 diabetes accounts for about 10
27 percent of all diabetes cases, meaning that roughly
28 60,000-70,000 Alabamians are likely live with Type 1

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29 diabetes, which is often diagnosed in childhood or young
30 adulthood; and

31 WHEREAS, research demonstrates a rising trend in Type
32 1 diabetes diagnoses among Alabama's youth; and this disease
33 places a significant burden on individuals and families due
34 to serious health risks, making it a major public health
35 concern in the state; and

36 WHEREAS, individuals with diabetes incur medical
37 expenses that are approximately 2.6 times higher than those
38 without diabetes; and the American Diabetes Association
39 reports that, in 2022, care for individuals with diagnosed
40 diabetes accounted for one in four health care dollars spent
41 in the United States; and

42 WHEREAS, evidence-based strategies exist to reduce
43 the incidence of Type 2 diabetes and to delay or prevent its
44 onset; and

45 WHEREAS, with proper education, management, and
46 treatment, individuals with diabetes live healthy,
47 productive, and fulfilling lives; and

48 WHEREAS, individuals throughout the United States
49 observe American Diabetes Month in November; and

50 WHEREAS, the Legislature of Alabama is committed to
51 celebrating the resilience and courage of individuals and
52 families affected by diabetes; and

53 WHEREAS, we express our gratitude to the dedicated
54 medical professionals, caregivers, loved ones, and advocates
55 who support and serve the diabetes community; and

56 WHEREAS, during the month of November, we encourage



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57 all Alabamians, school systems, nonprofit organizations,
58 health care providers, and other interested groups to engage
59 in activities that promote diabetes awareness and support
60 the prevention, treatment, and management of this disease;
61 now therefore,

62 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
63 HOUSES THEREOF CONCURRING, That November 2026 is declared to
64 be Diabetes Month in the State of Alabama, and its
65 observance is hereby commended to all residents.