

HJR275 ENROLLED



1 HJR275
2 EJZ8RCC-2
3 By Representatives Lands, McClammy, Drummond, Warren, Fidler,
4 DuBose, Hall
5 RFD: Rules
6 First Read: 22-Apr-25



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1 Enrolled, An Act,

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3 RECOGNIZING DOULAS AS VITAL MEMBERS OF THE CHILDBIRTH TEAM.
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5 WHEREAS, a doula is a trained, nonclinical
6 professional who provides physical, emotional, and
7 educational support and patient advocacy before, during, and
8 after childbirth, often independently or as part of
9 community-based collectives or agencies; and

10 WHEREAS, according to the Maternal Mortality Review
11 and Prevention Committee's 2018 and 2019 reports, 93 women,
12 of whom 37 were Black, died while pregnant or within one
13 year of pregnancy in Alabama, and over 60 percent of
14 pregnancy-related deaths were preventable; and

15 WHEREAS, according to that same report, Black women
16 in Alabama are two times more likely to die from
17 pregnancy-related and pregnancy-associated complications
18 than white women; and

19 WHEREAS, the most recent Fetal and Infant Mortality
20 Review states that from 2009-2018, infants born to women of
21 color were twice as likely to die relative to those born to
22 white women; and

23 WHEREAS, a doula can be a powerful liaison,
24 connecting the mother to appropriate care providers and
25 remaining a constant presence of support, even when the
26 mother may have inconsistent providers; and

27 WHEREAS, a doula can help advocate for a woman's
28 emotional and physical needs to medical staff; and



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29 WHEREAS, increased access to doula care, especially
30 in under-resourced communities, can improve a range of
31 health outcomes for mothers and babies, lower health care
32 costs, reduce cesarean sections, decrease maternal anxiety
33 and depression, and help improve communication between
34 pregnant women and their health care providers; and

35 WHEREAS, the benefits of doula care can also have a
36 financial impact in helping families and the state avoid the
37 cost associated with low birth weight babies, cesarean
38 births, and other pregnancy-related complications; now
39 therefore,

40 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
41 HOUSES THEREOF CONCURRING, That we recognize that doulas are
42 vital childbirth team members and acknowledge their
43 contribution in improving maternal and infant health.



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Speaker of the House of Representatives

President and Presiding Officer of the Senate

House of Representatives

I hereby certify that the within Act originated in
and was passed by the House 29-Apr-25.

John Treadwell
Clerk

Senate

06-May-25

Adopted