

SJR81 ENROLLED



1 SJR81
2 WCQN955-2
3 By Senators Beasley, Coleman
4 RFD: RULES
5 First Read: 07-May-24



SJR81 Enrolled

1 Enrolled, An Act,

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4 SJR___ DESIGNATING MAY 2024 AS MENTAL HEALTH AWARENESS MONTH
5 IN THE STATE OF ALABAMA.

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8 WHEREAS, there is a proven connection between good
9 mental health and overall personal health; and

10 WHEREAS, mental illnesses in some way affect almost
11 every family in the United States; and

12 WHEREAS, fifty percent of all lifetime mental illness
13 begins by 14 years of age; 75 percent of mental illnesses
14 manifest by 24 years of age; and

15 WHEREAS, people with mental illnesses have the
16 possibility of recovering if given the necessary services
17 and support in their communities; and

18 WHEREAS, with early and effective treatment, those
19 individuals with mental health conditions could recover and
20 lead full, productive lives; and

21 WHEREAS, millions of adults and children are disabled
22 by mental illnesses every year; and

23 WHEREAS, only one out of two people with a serious
24 form of mental illness seeks treatment for his or her mental
25 illness; and

26 WHEREAS, stigma and fear of discrimination keep many
27 who would benefit from mental health services from seeking
28 help; and



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29 WHEREAS, research shows that the most effective way
30 to reduce stigma is through personal contact with
31 individuals who have a mental illness; and

32 WHEREAS, greater public awareness about mental
33 illnesses can change negative attitudes and behaviors
34 towards individuals with mental illnesses; and

35 WHEREAS, each business, school, governmental agency,
36 health care provider, organization, and citizen share the
37 burden of mental health issues and has a responsibility to
38 promote mental health wellness and advocate for support and
39 prevention efforts; now therefore,

40 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
41 HOUSES THEREOF CONCURRING, That the month of May 2024 is
42 designated as Mental Health Awareness Month in the State of
43 Alabama and each citizen, governmental agency, public and
44 private institution, business, and school is encouraged take
45 this month to recommit our communities to increasing
46 awareness and understanding of mental illness, reducing
47 stigma and discrimination, and promoting appropriate and
48 accessible services for all people who are suffering with
49 mental illnesses.



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President and Presiding Officer of the Senate

Speaker of the House of Representatives

SJR81
Senate 07-May-24
I hereby certify that the within Act originated in and
passed the Senate.

Patrick Harris,
Secretary.

House of Representatives
Passed: 08-May-24

By: Senator Beasley