

**SR18 INTRODUCED**



1 T8MZ51-1

2 By Senator Shelnett

3 RFD:

4 First Read: 23-Mar-23

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SR\_\_\_ RECOGNIZING THE FIRST FRIDAY IN FEBRUARY AS NATIONAL  
HEART HEALTH AWARENESS DAY.

WHEREAS, heart disease is the leading cause of death  
of both men and women around the world; approximately 2,300  
Americans die of cardiovascular disease every day, an  
average of one death every 38 seconds; and

WHEREAS, heart disease can develop as early as the  
teen years; Alabama is one of the top 10 states in the  
nation with the highest rates of heart disease; and

WHEREAS, National Heart Health Awareness Day was the  
first Friday in February, which was February 3, 2023; this  
day is also known as National Go Red Day for Heart Health;  
and

WHEREAS, the citizens of Alabama are encouraged to  
become more educated about cardiovascular disease and how to  
prevent it by participating in National Heart Health  
Awareness Day; now therefore,

BE IT RESOLVED BY THE SENATE OF THE LEGISLATURE OF  
ALABAMA, That the first Friday of February, which was  
February 3, 2023, was known as Go Red Day for Heart Health,  
and the City of Oneonta and the surrounding area is  
encouraged to recognize this day for its importance in  
spreading awareness and prevention of heart disease.