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3 ORR AMENDMENT TO HB246
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8 On page 2, line 1, after the word "have", delete the
9 remainder of the sentence and in lieu thereof insert the
10 following:

11 the authority to allow or disallow instruction in
12 yoga.
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14 On page 2, after line 11, insert the following:

15 (7) School personnel may not use any techniques that
16 involve hypnosis, the induction of a dissociative mental
17 state, guided imagery, meditation, or any aspect of Eastern
18 philosophy and religious training in which meditation and
19 contemplation are joined with physical exercises to facilitate
20 the development of body-mind-spirit. For purposes of this
21 subdivision, the following terms have the following meanings:

22 a. DISSOCIATIVE MENTAL STATE. A separation or
23 isolation of mental processes in such a way that they become
24 split off from the main personality or lose their normal
25 thought-effect relationship whereby the boundary between the
26 real and fantasy or illusion becomes blurred.

1 b. GUIDED IMAGERY. Visualization, visual imagery,
2 guided imagery, or guided fantasy used as an induction or
3 deepening technique of hypnosis or meditation involving
4 communication or suggestion, describing a scene in which the
5 subject is encouraged to experientially participate, normally
6 following a progressive relaxation technique.

7 c. HYPNOSIS. A dissociative or altered state of
8 consciousness, usually artificially induced, characterized by
9 a heightened responsiveness to suggestions and commands,
10 suspension of disbelief with lowering of critical judgment,
11 and the potential of alteration of perceptions.

12 d. MEDITATION. An altered or dissociative state of
13 consciousness, often synonymous with hypnosis, associated with
14 or derived from mystical traditions of the East, sometimes
15 referred to as transcendental meditation, normally induced by
16 progressive relaxation, focusing on deep breaths and a mantra
17 of a repeated word or phrase. Meditation does not refer to
18 secular meditation which involves alert, reflective, and
19 cognitive contemplation.