

1 SJR106
2 160820-1
3 By Senator Dial
4 RFD:
5 First Read: 19-MAR-14

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8 COMMENDING THE ALABAMA YMCA ORGANIZATIONS FOR THEIR
9 PUBLIC POLICY GOALS FOCUSING ON HEALTH AND COMBATING OBESITY.

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11 WHEREAS, it is with highest commendation that we
12 recognize the Alabama State Alliance of YMCAs for dedication
13 to Public Policy Goals focusing on health and combating
14 obesity; and

15 WHEREAS, the YMCA is committed to the cause of
16 strengthening community, serving three crucial areas of focus
17 to help individuals, families, and communities to learn, grow,
18 and thrive; and

19 WHEREAS, the YMCA sponsors programs that build
20 "healthy spirit, mind, and body for all"; and

21 WHEREAS, since its origin, the YMCA has continuously
22 served adults and children in sports education, fitness, and
23 good health practices; and

24 WHEREAS, a cornerstone Public Policy Goal of the
25 YMCA is to actively share Y5210, the youth obesity prevention
26 initiative emphasizing five fruits/vegetables, two hours or

1 less of screen time, one hour of vigorous exercise, and no
2 sugary drinks; and

3 WHEREAS, through this worthy endeavor and many
4 others, the YMCA continues to contribute substantially to the
5 communities of the State of Alabama; now therefore,

6 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
7 HOUSES THEREOF CONCURRING, That we hereby recognize the
8 Alabama YMCA Organizations for their many meritorious
9 programs, and this resolution is offered in admiration and
10 appreciation for their Public Policy Goals focusing on health
11 and combating obesity.