

1 HJR267  
2 159396-2  
3 By Representative McClendon  
4 RFD: Rules  
5 First Read: 04-MAR-14

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2 ENROLLED, House Joint Resolution,  
3 RECOGNIZING MARCH 18TH AS MEDICATION ADHERENCE DAY  
4 AT THE ALABAMA STATE CAPITOL.  
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6 WHEREAS, poor medication adherence is a national  
7 problem that creates serious health consequences and avoidable  
8 medical costs; and

9 WHEREAS, nearly 45 percent of the U.S. population  
10 has one or more chronic conditions that can be treated with  
11 medication; and

12 WHEREAS, one in three people never fill their  
13 prescription at all, half of patients with chronic diseases  
14 stop taking their medication within one year, and nearly three  
15 out of four Americans do not take their medication as  
16 directed; and

17 WHEREAS, 125,000 people in the U.S. die every year  
18 because they do not take their medication as directed; and

19 WHEREAS, poor medication adherence leads to  
20 increased doctor visits, emergency room trips, and other  
21 medical expenses; and

22 WHEREAS, poor medication adherence is linked to 23  
23 percent of nursing home admissions and as many as 69 percent  
24 of medication-related hospital admissions; and

1           WHEREAS, poor medication adherence costs the  
2 country's health system an estimated \$300 billion a year; and

3           WHEREAS, for every dollar spent on adhering to a  
4 prescribed medication, medical costs would be reduced by \$7  
5 for people with diabetes, \$5.10 for people with high  
6 cholesterol, and \$3.98 for people with high blood pressure;  
7 and

8           WHEREAS, improved adherence would reduce the number  
9 of Alabamians experiencing heart attacks, strokes, kidney  
10 failure, and untimely deaths due to untreated chronic  
11 diseases; now therefore,

12           BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH  
13 HOUSES THEREOF CONCURRING, That March 18, 2014, is recognized  
14 as Medication Adherence Day at the Alabama State Capitol and  
15 all Alabamians are hereby urged to take their medication as  
16 directed.

