

1 HR266
2 137949-1
3 By Representative McClendon
4 RFD: Rules
5 First Read: 14-MAR-12

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8 RECOGNIZING JUNE 1, 2012, AS MEN'S HEALTH AWARENESS
9 DAY.

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11 WHEREAS, an estimated 13 million men in the United
12 States are affected by low testosterone, also know as
13 hypogonadism; and

14 WHEREAS, low testosterone is defined as less than 30
15 nanograms per dicileter of blood and a simple blood test can
16 diagnose testosterone deficiency; and

17 WHEREAS, men, over the age of 45, with common health
18 problems such as obesity, diabetes, and high blood pressure
19 may be twice as likely as other men their age to have low
20 testosterone; and

21 WHEREAS, men with high cholesterol, prostate
22 disease, and asthma are more likely to have low testosterone
23 than healthy men; and

24 WHEREAS, there is a high prevalence of low
25 testosterone levels in HIV-infected men associated with weight
26 loss, progression to AIDS, wasting, depression, and loss of
27 muscle mass and exercise capacity; and

1 WHEREAS, low testosterone levels may significantly
2 impair quality of life resulting in decreased libido, erectile
3 dysfunction, loss of body and facial hair, weakened bones,
4 increased body fat, depression, sleep disturbances, and
5 fatigue; and

6 WHEREAS, despite the high prevalence of low
7 testosterone in men, testosterone deficiency is undertreated
8 and overlooked because men frequently ignore their symptoms or
9 attribute them to other causes such as aging or disease
10 associated with aging; and

11 WHEREAS, many men with low testosterone will benefit
12 from treatments now available to them; now therefore,

13 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF
14 THE LEGISLATURE OF ALABAMA, That we recognize June 1, 2012, as
15 "Men's Health Awareness Day," and call upon the Alabama
16 Department of Public Health and all citizens of Alabama to
17 observe this day by participating in appropriate educational
18 activities to raise awareness about the condition of low
19 testosterone in men, particularly in older men, and to learn
20 how to improve the quality of life for men in Alabama
21 suffering from testosterone deficiency.