

1 HJR267  
2 137824-1  
3 By Representative McClendon  
4 RFD: Rules  
5 First Read: 14-MAR-12

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8 RECOGNIZING JUNE 1, 2012, AS MEN'S HEALTH AWARENESS  
9 DAY.

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11 WHEREAS, an estimated 13 million men in the United  
12 States are affected by low testosterone, also know as  
13 hypogonadism; and

14 WHEREAS, low testosterone is defined as less than 30  
15 nanograms per dicileter of blood and a simple blood test can  
16 diagnose testosterone deficiency; and

17 WHEREAS, men, over the age of 45, with common health  
18 problems such as obesity, diabetes, and high blood pressure  
19 may be twice as likely as other men their age to have low  
20 testosterone; and

21 WHEREAS, men with high cholesterol, prostate  
22 disease, and asthma are more likely to have low testosterone  
23 than healthy men; and

24 WHEREAS, there is a high prevalence of low  
25 testosterone levels in HIV-infected men associated with weight  
26 loss, progression to AIDS, wasting, depression, and loss of  
27 muscle mass and exercise capacity; and

1           WHEREAS, low testosterone levels may significantly  
2           impair quality of life resulting in decreased libido, erectile  
3           dysfunction, loss of body and facial hair, weakened bones,  
4           increased body fat, depression, sleep disturbances, and  
5           fatigue; and

6           WHEREAS, despite the high prevalence of low  
7           testosterone in men, testosterone deficiency is undertreated  
8           and overlooked because men frequently ignore their symptoms or  
9           attribute them to other causes such as aging or disease  
10          associated with aging; and

11          WHEREAS, many men with low testosterone will benefit  
12          from treatments now available to them; now therefore,

13          BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH  
14          HOUSES THEREOF CONCURRING, That we recognize June 1, 2012, as  
15          "Men's Health Awareness Day," and call upon the Alabama  
16          Department of Public Health and all citizens of Alabama to  
17          observe this day by participating in appropriate educational  
18          activities to raise awareness about the condition of low  
19          testosterone in men, particularly in older men, and to learn  
20          how to improve the quality of life for men in Alabama  
21          suffering from testosterone deficiency.