

1 HJR267
2 137824-2
3 By Representative McClendon
4 RFD: Rules
5 First Read: 14-MAR-12

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2 ENROLLED, House Joint Resolution,
3 RECOGNIZING JUNE 1, 2012, AS MEN'S HEALTH AWARENESS
4 DAY.

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6 WHEREAS, an estimated 13 million men in the United
7 States are affected by low testosterone, also know as
8 hypogonadism; and

9 WHEREAS, low testosterone is defined as less than 30
10 nanograms per dicileter of blood and a simple blood test can
11 diagnose testosterone deficiency; and

12 WHEREAS, men, over the age of 45, with common health
13 problems such as obesity, diabetes, and high blood pressure
14 may be twice as likely as other men their age to have low
15 testosterone; and

16 WHEREAS, men with high cholesterol, prostate
17 disease, and asthma are more likely to have low testosterone
18 than healthy men; and

19 WHEREAS, there is a high prevalence of low
20 testosterone levels in HIV-infected men associated with weight
21 loss, progression to AIDS, wasting, depression, and loss of
22 muscle mass and exercise capacity; and

23 WHEREAS, low testosterone levels may significantly
24 impair quality of life resulting in decreased libido, erectile
25 dysfunction, loss of body and facial hair, weakened bones,

1 increased body fat, depression, sleep disturbances, and
2 fatigue; and

3 WHEREAS, despite the high prevalence of low
4 testosterone in men, testosterone deficiency is undertreated
5 and overlooked because men frequently ignore their symptoms or
6 attribute them to other causes such as aging or disease
7 associated with aging; and

8 WHEREAS, many men with low testosterone will benefit
9 from treatments now available to them; now therefore,

10 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
11 HOUSES THEREOF CONCURRING, That we recognize June 1, 2012, as
12 "Men's Health Awareness Day," and call upon the Alabama
13 Department of Public Health and all citizens of Alabama to
14 observe this day by participating in appropriate educational
15 activities to raise awareness about the condition of low
16 testosterone in men, particularly in older men, and to learn
17 how to improve the quality of life for men in Alabama
18 suffering from testosterone deficiency.

